**Some Discussion Questions Inspired by Ruth Gendler’s Notes on the Need for Beauty:**

1. **Who gave you your eyes, your ears, your voice, your heart? As a child? More recently?**
2. **Can you remember a time when an experience of using your senses generated powerful emotion in you and left you feeling transformed?**
3. **What sense or experience makes you feel more fully engaged in your life?**
4. **Are any of your intuitive senses at play yet – clairvoyance, clairaudience, clairsentience, intuition? Do you see, hear, feel or sense the Divine?**
5. **What gifts are you using that bring you joy?**
6. **What’s on your bucket list of gifts yet to explore?**